

Hari Om

Ethical Values from Bhagavad Gita:

HUMAN and Ethical VALUES to be acquired, practiced and assimilated FROM Lord Krishna's Teachings from BHAGWAD GITA (Chapter 13) for developing Divine Mind to attain Divine Consciousness:

Let us recapitulate these qualities or human values as enshrined in Chapter XIII of the Bhagwad Gita :

VALUE 1: "AMANITVAM": Absence of Self-Worship-fullness

VALUE 2: "ADAMBHITVAM": Absence of pretence /Self-Glorification

VALUE 3: "AHIMSA": Non-harmfulness to others at physical, verbal and mental levels.

VALUE 4: "KSANTI": Attitude of Accommodation

VALUE 5: "ARJAVAM": Straight-forwardness or Integrity

VALUE 6: "ACARYOPASANAM": Service to the Acharya / Guru

VALUE 7: "SAUCAM": Internal and External Cleanliness - cleanliness of both body and mind

VALUE 8: "STHAIRYATM": Steadfastness (resolutely or dutifully firm towards knowing the Supreme Truth)

VALUE 9: "ATMAVINIGRAHA" Mastery over the Mind

VALUE 10: "INDRIYARTHESU VAIRAGYAM": State of Dispassion towards the Objects of Sense gratification.

VALUE 11: "ANAHANKAR" A: Absence of Self-egotism (I, Mine, Myself)

VALUE 12: "JANMAMRITYU JARAVYADHI DUHKHA DOSA ANUDARSANAM": Repeated Review of Process of Life-Death-Old Aging-Ailments-Pain

VALUE 13: "ASAKTI": Non-attachment to Worldly/ Material things.

VALUE 14: "ANABHISVANGA PUTRADARAGRHADISU": Non-excessive Attachment towards son and wife (family)

VALUE 15: “NITYAM SAMACITTATVAM ISTANISTOPAPATTISU”:
Steadfastness of Mind or one pointedness

VALUE 16: “MAYI CA ANANYAYOGENA BHAKTIH AVYABHICARINI”: Steady
Devotion Towards Righteousness (Dharma) and God

VALUE 17: VIVIKTA DES’A SEVITVAM”: Love for Spending Time in Solitary
(Aspiring to live in a Solitary Place)

VALUE 18: “ARATIH JANASAMSADI”: Non-Inclination Towards People and
Company (Detachment from the General Mass of People)

VALUE 19: “TATTVAJANANARTHADARSANAM”: Keeping in View the
Purpose of Knowledge Truth”

VALUE 20: “ADHYATMAJNANA NITYATVAM”: Stability in the Knowledge of
Truth, commitment to Wisdom.

GF Blessings. Om Tat Sat.



Guruji Dr. KV