

**Hari Om**

## The Goal of Human Life:

On going through the Vedic and all other religious scriptures thoroughly, one can understand that the only goal of this human life is to have spiritual experience encompassing the four immeasurable positive values namely, Love, Joy, Equanimity and Compassion of the Divine mind to recognise the oneness in all living and non-living beings and to be established in the exalted state of Bliss of undifferentiated non-dual, non-egotistic experience for putting an end to the cyclic existence of delusory Consciousness (birth and death).

In simple terms, this is possible only through giving up of two of our habitual (and unconscious) actions, 1) Comparing with others and 2) Expecting from the world or others.

To achieve this practically, we need to adhere strictly to 2-S policy (SMILE with the World and others when in agreement and observe SILENCE when not in agreement). This will culminate in 3-C (Calmness, Cheerfulness and Confidence) in our Life. This is the Yoga. This Yoga becomes natural for those who constantly DWELL in GOD and DEAL with the WORLD. Therefore Perform Actions with Happiness and not for Happiness.

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SHRIGURU CHANDRIKANANDA SAMITHI  
With Divine Blessings Always—Guruji Dr.KV

On going through scriptures thoroughly we understand that the only goal of this Human Life is to have a spiritual experience encompassing the immeasurable values - Love, Joy, Equanimity and Compassion of the positive mind to recognise the oneness in all and to be established in the exalted state of Bliss of undifferentiated non-dual, non-egotistic experience.

In simple terms this is possible through giving up of two of our habitual actions, namely - Comparing with others and Expecting from the world or others.

To achieve this practically we need to stick to 2S (SMILE with World and others when in agreement and observing SILENCE when not in agreement). This will culminate in 3C (Calmness, Cheerfulness and Confidence) in our Life. This is the Yoga.

This becomes natural for those who DWELL in GOD and DEAL with the WORLD.

Perform Actions with Happiness and not for Happiness..... With GF's Blessings...  
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